



**SAPA Digest
February 2018**



SAPA News

Hello SAPA Members,

If you have any news or announcements that you would like to add to the monthly digest, please email the information to sapaweb@gmail.com. The digest will be sent out after the monthly board meeting which occurs on the 2nd Tuesday of each month (with a summer hiatus). Looking forward to hearing from you!

Are you interesting in serving on a committee? The following committees are seeking committee members: Membership, Continuing Education, SAPA in the Community, Communications, and 45th Anniversary. Please see the information regarding each committee below. An individual does not need to be on the SAPA board to participate in these committees. This is a great opportunity to connect with other SAPA members.

Membership: SAPA Membership Committee needs a few new people with a desire to serve our members, both in reaching new ones and maintaining those that we have. We are already in the early planning stages of a Spring Membership event and need your ideas. This is our 45th anniversary, help us make SAPA even better! Email Kim Freidah, chair at kimfbrown@gmail.com if you are interested or want more information.

Continuing Education: The CE Committee is welcoming new members. The CE committee plans continuing education events that meet the APA's requirements for CEs for psychologists. [We meet on the first Wednesday of the month \(Sept - Dec & Feb - May\), 5:30 - 6:45pm at Cafe à la C'art, 150 N Main Ave.](#) Cafe à la C'art offers tasty food, desserts, and wine and allows us use of a small, separate space for our meetings. Please consider joining us! We're a friendly bunch. Please contact Susan Proebsting at susan.proebsting@gmail if you are interested or want more information.

SAPA in the Community: Are you interested in finding fun and creative ways to be more involved in SAPA? The SAPA in the Community Committee is looking for additional members to help plan events with our series

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on healing through creativity. Contact the Chair, Roxana Samaniego, at rysamaniego@gmail.com if interested.

Communications: The Communications Committee is currently seeking members to help with communication aspects of the organization which includes connecting to membership and to the community. Please contact Shannon Sticken at ssticken@live.com if you are interested or want more information.

45th Anniversary Committee: We are currently planning the 45th Anniversary event and welcome anyone who would like to help us. Please contact Nancy Eldredge at eldrappt@gmail.com, Roxana Samaniego at rysamaniego@gmail.com, Courtney Schuneman at care@dr-courtney.com, Sarah Flora at sarahf@susd12.org, and Shannon Sticken at ssticken@live.com if you are interested in helping out.

If you are interested in the School Psych Committee, please contact Sarah Flora at sarahf@susd12.org – this committee meets once a month on a Friday at 730am at Beyond Bread on Campbell.

Back to School Thank You

Thank you to everyone who joined us for the 2018 Back to School event! It was a great day of thought-provoking presentations and discussion. Special Thank Yous to Lee Ryan (Department Head) and the Psychology Department staff for their support; the faculty speakers for their time; and to Susan Proebsting and Megan Orcutt (SAPA CE-CoChairs) and Aubrey Wank (SAPA Grad Student Rep) for all their help. See you at B2S 2020!

Marisa Menchola, Ph.D.
SAPA Academic Liaison

📌 Announcements

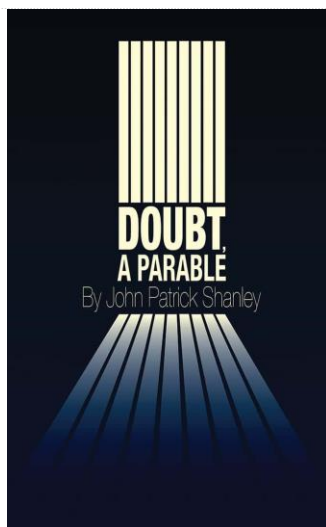
It is now time to sign up to be a judge at the Southern Arizona Research, Science, and Engineering Foundation (SARSEF) fair for 2018. Judging day is Thursday April 12, 2018, 8am to 12:30pm for Elementary and Middle School Judging and 8am to 3:30pm for High School Judging. We need representatives from SAPA to be grand award judges as well as sponsored SAPA award judges. Please consider volunteering your time as experts in behavioral and social science. This is a great opportunity to engage the developing minds of the future. For more information please visit <https://sarsef.org/>

Upcoming SAPA Events

The SAPA in the Community Committee Presents:

Creativity: A pathway to healing, recovery, and social change

The Southern Arizona Psychological Association is celebrating 45 years as an organization. In honor of this occasion, the SAPA in the Community committee is presenting a series on healing through creativity. Each event will capture different artistic mediums and expressions, to celebrate creativity as a pathway to healing, recovery, and social change. The events will highlight ways in which people have overcome adversity, healed past trauma, or recovered from emotional distress. The first event in the series is Arizona Repertory Theatre's Production of Doubt.



[Doubt, A Parable](#)

By John Patrick Shanley

February 4 — February 25, 2018

Boasting multiple Tony Awards and a Pulitzer Prize, this drama features a characteristically mistrusting nun and principal named Sister Aloysius, who is certain that Father Flynn has molested Donald Muller, the school's first "negro" student, soon after the boy's arrival. A younger and more tender-hearted Sister James wants to believe another story. Set in 1964 in the Bronx's fictional St. Nicholas Church School, rumors swirl as the story takes on a number of fraught issues that continue to resonate today: race, sexuality, tradition versus modernity and gender in the Catholic church. (Marroney Theatre)

On Feb 23rd, SAPA and SITC are incredibly honored to have Dr. David Lisak be part of a post-show discussion panel on the performance. Dr. Lisak is nationally recognized trainer, lecturer, and forensic consultant. For more information on Dr. Lisak, please feel free to visit his website – www.davidlisak.com

The performance starts at 7:30pm on 2/23 and we hope to see you there. [Tickets are available here](#)

Tuesday, March 13th: CE Luncheon (12:00-1:30PM)

Presentation by: Brandy Baker, Psy.D.

"Is Screen Time Ruining Their Brains?: What the Research Actually Says about Kids and Technology" (1 CE)

Location: Mountain Oyster Club, 6400 E El Dorado Plaza, Tucson, AZ 85715

[Click here to register](#)

**USE AND INTERPRETATION OF THE
WJ IV DYSLEXIA PROFILE**

DR. NANCY MATHER

MARCH 14, 2018
1:30 PM - 3:30 PM

AMPHITHEATER PROFESSIONAL DEVELOPMENT CENTER
701 W. WETMORE RD. TUCSON, AZ 85705

REGISTER AT:
<https://www.aasp-az.org/event-2831322>

2 CE's provided by SAPA in collaboration with AASP & SASP

Nancy Mather is a Professor at the University of Arizona in the Department of Disability and Psychoeducational Studies. She is a coauthor of the WJ IV and has coauthored two books on the interpretation and application of the WJ IV—Essentials of WJ IV Tests of Achievement and Woodcock-Johnson IV: Reports, Recommendations, and Strategies.

For more information please contact: sarahf@susd12.org

SAZTherapists and Southern Arizona Psychological Association is hosting a meet and greet on Friday, March 16 from 5:00 – 7:00PM. Mark your calendars for an evening of fun with your colleagues.

Come talk, laugh, network, and enjoy being part of this community of professional counselors! Join Shari Goettel, Courtney Schuneman, and Richard Poppy to meet the other members of SAZTherapists. Desert Star Addiction Recovery Center is generously hosting this lovely evening.

This is an opportunity for you to put faces to the names of the people who have been asking questions, giving referrals, and providing information for and with you through this list serve. Bring any promotional materials about your work that you'd like to share on our networking table.

We'll be meeting for a casual reception in the lobby of the ALoft Hotel. Desert Star Addiction Recovery Center is generously providing us with some tasty appetizers and there will be a no-host bar available for anything you'd care to drink. Come join us!

WHAT: SAZTherapists and SAPA Meet and Greet

WHEN: Friday, March 16 from 5:00PM – 7:00PM

WHERE: The lobby of the ALoft Hotel

1900 E Speedway Blvd. The SE corner of Speedway and Campbell.

RSVP: By sending an email to Sharapy@sharigoettel.com by Friday, March 9

WHY: **Because we are a great group of professionals, and deserve a nice evening together!**

Please join SAPA in the second event in the series on Creativity: A pathway to healing, recovery, and social change – A Ribbon Around a Bomb: Pain and Beauty in the Life and Art of Frida Kahlo. SAPA is honored to join with the Artifact Dance Project and their production of FRIDA on Saturday March 24, 2018 at 7pm. Immediately followed by a panel discussion exploring the ways that creative art soothes human suffering and enhances life, with choreographer Ashley Bowman, composer, performer, and psychotherapist Lane Harmon, dancer and actor, Claire Hancock, discussing Frida and their own experience as creative artists, moderated by local psychologist and SAPA in the Community committee member, Lucy Wilson, PH.D.

FRIDA

ARTIFACT DANCE PROJECT
in Discussion with the
Southern Arizona Psychological Association, Artists and Audience

A Ribbon Around A Bomb: Pain and Beauty in the Life and Art of Frida Kahlo

Andre Breton's description of the emotional experience of Frida Kahlo's work as "A ribbon around a bomb" expresses the paradox of her art. We are drawn to the evocative beauty of her artwork only to encounter the intensity of her personal suffering. Her powerful images express deeply human feelings of pain and loss, longing and belonging, love and despair that resonate within our own experiences. Frida's life and work open the door for us to explore the use of creative arts to express and perhaps transform the experience of psychological and physical trauma. Frida spoke of her own use of creative expression in saying, "Don't build a wall around your own suffering or it may devour you from the inside."

FRIDA performance Saturday, March 24 7:30 pm

Stevie Eller Dance Theater
University of Arizona campus, 1737 East University Blvd.

Immediately following the performance, please join Choreographer **Ashley Bowman**, Composer, performer and psychotherapist **Lane Harmon**, and Dancer and actor, **Claire Hancock** as they discuss the production and their own experiences as creative artists. Audience comments will be encouraged. The discussion will be moderated by local Psychologist and SAPA in the Community committee member, **Lucy Wilson, PhD**.

Please join the Southern Arizona Psychological Association (SAPA) in celebrating their 45th anniversary with a series on **Creativity: A pathway to healing, recovery, and social change**. Each event will capture different artistic mediums and expressions, to celebrate creativity as a pathway to healing, recovery, and social change. The events will highlight ways in which people have overcome adversity, recovered from emotional distress or healed from personal and cultural trauma.

SAPA is honored to join Artifact Dance Project in their production of **FRIDA** as the second event in our series.

*Sponsored by SAPA in the Community and made possible by
Martin and Barbara Levy's gift.*



[Please click here for more details](#)

SAVE THE DATES

Saturday, April 21st: Full Day CE Program (8:30-4:45)

8:30 - 11:45 AM Hal Arkowitz, PhD, presents on "Motivational Interviewing" (3 CEs)

11:45 - 12:30 Lunch on site

12:30 - 4:45 PM Faren Akins, PhD, JD, and Vera Akins, JD, Present "Roles, Holes, Scrolls: Avoiding Ethical Mistakes in Clinical Practice" (4 CEs, Ethics Topic)

University of Arizona RISE Health & Wellness Center—home of Camp Wellness, [1030 N Alvernon Way](#)

Registration coming soon!

📌 Other Events

(Sapa neither sponsors nor endorses the following events but provides the information as a service to our members.)

Immobility, Shame, and Healing the Roots of Trauma

Presented by: Sierra Tucson

Facilitated by: Sharon Stanley, Ph.D.

Date: Friday February 23, 2018, 11am-1245pm at Sierra Tucson, 39580 S. Lago Del Oro Parkway, Tucson, AZ 85739

Cost: Free, registration required

CE's: 1

[Click here for more details](#)

Understanding and Treating Sex Addiction

Presented by: La Frontera CE Committee

Facilitated by: Shannon Sticken, Psy.D., CSAT, CMAT

Date: Tuesday February 27, 2018, 9:00am to 11:00am at La Frontera Center – 504 West 29th, Tucson, Arizona 85713

Cost: Staff - \$10, Non-Staff - \$25,

CE's: 2, Please RSVP to

Antoinette at

Antoinette.encinas@lafrontera.org

For further details regarding this event please contact Mayday

Levine-Mata, Psy.D., at

mayday.levine@lafrontera.org / 520-838-3993

Clinical Supervision: A 12-hour Training in Promoting Clinical Excellence

Presented by: La Frontera Ce Committee

Facilitated by: Aurora Thrush, LPC and Mayday Levine-Mata, Psy.D.

Date: Monday March 5, 2018, and Friday March 9, 2018 9am to 4pm at La Frontera Center, MUCC, 502 W. 29th, Tucson, Arizona 85713

Cost: Staff - \$25, Non-Staff - \$75

CE's: **12**, Please RSVP to Antoinette at

Antoinette.encinas@lafrontera.org

For further details regarding this event please contact Mayday Levine-Mata, Psy.D., at mayday.levine@lafrontera.org / 520-838-3993

The Pain of Trauma, The Trauma of Pain, The Opioid Crisis is Not What You Think

Presented by: Sierra Tucson

Presenters: Bennet Davis, MD

Dates: Wednesday March 7, 2018, 8:30am to 10:30am at The Arizona Inn, 2200 E. Elm, Tucson, Arizona 85719

Cost: \$20

CE's: 2

[Click here for more details](#)

Helping Clients Change: Adaptive Reorientation Therapy

Presented by: The Adlerian Society of Arizona, Northern Arizona University, and Arizona Counselor Association

Facilitated by: James Bitter, Ed.D.

Dates: Friday March 9, 2018 & Saturday March 10, 2018, 9am to 430pm at Pima Community Campus – 401 Bonita Ave., Tucson, AZ 85709

Utilizing Mindfulness to Address Substance Use

Presented by: La Frontera CE Committee

Facilitated by: Austin Slade, MA, SAPIC Intern

Date: Thursday March 1, 2018, 12:00pm to 2:00pm, at La Frontera Center, MUCC, 502 W. 29th, Tucson, AZ 85713

Cost: Staff - \$10, Non-Staff - \$15
CE's: 2, Please RSVP to

Antoinette at

Antoinette.encinas@lafrontera.org

For further details regarding this event please contact Mayday Levine-Mata, Psy.D., at mayday.levine@lafrontera.org / 520-838-3993

Healing Sexual Trauma: Identify and Successfully Apply Treatment Interventions for Introduction of Healthy Sexual Behavior

Presented by: The Meadows, Behavioral Healthcare

Facilitated by: Debra Kaplan, MA, LPC, LISAC, CMAT, CSAT-S

Date: Friday March 2, 2018, 9:00am to 11:00am at Tucson Jewish Community Center, 3800 River Rd, Tucson, Arizona, 85718

Cost: Free

CE's: 2

Please contact Perrin Ehler for further details and to register – pehler@themeadows.org /602-501-3725

Falling Out of the World: Shock, Strangeness, and Afterwards

Presented by: Southwest Psychoanalytic Society

Facilitated by: Alfred Margulies, MD

Date: Saturday March 3, 2018, 9am to 3:30pm, at Hacienda del Sol Guest Ranch Resort, 5501 N. Hacienda del Sol Rd., Tucson, AZ 85718

Cost: SPS Member - \$170, Non-Member - \$180, Candidates and

Non-Members - \$20, Workshop – Members - \$50, Non-Members - \$65

[Click here for more details](#)

A New Perspective on Transference, Countertransference, Resistance, Therapeutic Impasse, Negative Cost: Early-Bird (before 2/2) - \$190, After Early-Bird - \$200, Students - \$150

[Click here for more details](#)

Arizona Counseling Association Annual Conference 2018

Presented by: Arizona Counselors Association

Facilitated by: David Kaplan, Ph.D., NCC Keith Cross, Ph.D., Jeffrey Zeig, Ph.D., and others

Dates: Saturday March 10, 2018, 8am to 5pm, and Sunday March 11, 2018, 8am to 12:15pm at Northern Arizona University – North Valley Campus – 15451 N. 28th Ave, Phoenix, AZ 85053

Cost: AzCa Members before March 1 - \$155, AzCA Members after March 1 - \$175, Non-AzCa Members before March 1 - \$195, Non-AzCa Members after March 1 - \$215, Student by March 1 - \$55, Student after March 1 - \$75

CE's: 8

[Click here for more details](#)

Personal Alchemy and Family Constellations

Presented by: Southern Arizona Friends of Jung

Facilitated by: John Dore, Ph.D.

Date: Saturday March 17, 2018, Lecture – 10am to 12pm, Workshop – 1pm to 4pm, at Grace St. Paul Episcopal Church (Bloom Room) 2331 E. Adams St., Tucson AZ 85719

Cost: Lecture - Members - \$15, Therapeutic Reaction, Symptoms, and Interpretations

Presented by: Arizona Society for Psychoanalytic Society

Facilitated by: Frank Summers. Ph.D.

Date: Saturday March 17, 2018, 11am to 3:30pm at Scottsdale Marriot Suites Old Town, 7325 E. 3rd Ave, Scottsdale, Arizona 85251

Cost: Members - \$50, Non-Members - \$65, and Students - \$20

CE's: 4

[Click here for more details](#)

Cindy Wool Memorial Seminar on Humanism in Healthcare – Key Note – One Man's Quest to Change the Way We Die

Presented by: Tucson Maimonides Society, Jewish Federation of Southern Arizona and University of Arizona College of Medicine
Facilitated by/Key Note Speaker: BJ Miller, M.D.

Date: Thursday March 29, 2018 at 5:30pm for Reception, and 7pm for Key Note at University of Arizona Student Union – North Ballroom, 1330 E. University Blvd., Tucson, Arizona 85719

Cost: Reception which includes dinner, seminar, and Parking in 2nd Street Garage - \$108, Key Note which includes coffee and desert - \$18

[Click here for more details](#)

Residents - \$110, Students - \$65,
Non-Member Students - \$70
CE's: 5.25
[Click here for more details](#)

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