



**SAPA Digest
May 2018**



SAPA News

The SAPA Board Members met with the AzPA governing council on April 20, 2018 at Ellie Towne Flowing Wells Community Center. SAPA and AzPA discussed ways to work collaboratively on increasing and promoting membership for both organizations, information from the Southern Arizona Research, Science, and Engineering Foundation (SARSEF) fair, potential collaboration between AzPA and SAPA In The Community (SITC) on engaging the community, and the possibility of a Southwest US and Mexico Psychology Conference. Thank you to Brenda Sparrold and Gary Perrin for working together to make this happen.

SAPA Member Recognition

Alan Goldberg is on the Southern Arizona Research, Science, and Engineering Foundation (SARSEF) board and he was recognized at the SARSEF fair on April 12, 2018 for serving as a judge for 25 years. Thank you for your service and dedication Alan. You are an inspiration to us all!

SAPA Membership Spotlight – Mayday Levine Mata

I came to Tucson in 2004, as a SAPIC intern, under the supervision of Eric Schindler (Training Director), Karl, Pat Penn and Sandi Gallagher. I fell in love with Tucson within my first month, in spite of the move from NH and seeing my lab-retriever mix (the consummate water dog) wilt in the scorching heat. I remember when I decided to move to Tucson permanently, the supervisors

Follow Us!

[Facebook](#)

.

.

.

“hooraying,” which felt really good, but another PhD person advising me “don’t move to Tucson, there are no opportunities for psychologists.” I loved Tucson so much that I was willing to risk ignoring her advice, however, it freaked the hell out of me!

My first post-doctoral position was as an Intake Clinician at a big Community Mental Health where I was paid \$31,000/year. Yikes! Too much blood, sweat and debt for that pay! Within 8 months, however, I was promoted to supervisor of the Therapy Team and though I had many sleepless nights (which I now realize is developmentally appropriate), I grew to love public health and its intersection with psychology.

Fast-forward 12 years from that position, and after stints with three other agencies (Custody Mediator/Evaluator with Pima County Superior Court, Program Director at Sierra Tucson and Chief Clinical Officer at CPSA), I am back to Community Mental Health and wearing a few hats. As Training Director for our APA Accredited Internship (SAPIC), Director of Integrated Child and Family Services, and Director of both Adult and Children’s Therapy Teams, I can truly say my professional life is stimulating, rewarding, rich and busy and I feel that I have totally proven the PhD who told me Tucson had little to offer psychologists – WRONG!

Through all of this, however, I have been beyond lucky to develop strong, supportive, and fun collegial relationships with many of my colleagues – in no small part to SAPA. I honestly cannot remember how I learned about and joined SAPA, though I suspect it was encouraged by Sandi Gallagher, Eric Schindler or Pat Penn. Somehow, however, I ended up being a Member at Large, in 2008 and then in a moment of energy and ignorance, agreed to be president elect. I remember being impressed by the professional diversity in the room: Eric Schindler, CEO of Child and Family Resources was president and Sandi Gallagher, VA psychologist was his President-Elect. Julie Feldman was the Academic Chair Member and other members included: Laura Schnapps (private practice), Holly Joubert (residential treatment), Roxana Samaniego (academic at that time) and Gustavo Perez (I believe in the schools at that time), and more.

The confirming moment for me and the beauty of all that SAPA has to offer was at the Holiday Party during which the president recognizes the board. I have a distinct memory of Larry Morris, Marty Levy, and Ken Marsh sitting, wedged in on a little couch, giggling, laughing and just enjoying each other and I thought “That. That’s what I want with my colleagues – to know and enjoy them 20 (really 40 – but I don’t want angry emails from those three) years later. It was a moment of insight about how we are connected in deep in meaningful ways, and how the support, trust and appreciation for our colleagues gets us through this complicated and challenging work.

SAPA Membership Announcements

OFFICE SPACE

SPECTACULAR VIEWS OF THE CATALINAS!

VERY PLUSH, WITH MANY NICE EXTRAS


**PARTTIME OFFICE SPACE AVAILABLE IMMEDIATELY
FULL TIME OFFICE SPACE AVAILABLE IN AUGUST**

For More Information Please Call:

Brian J. Walker

520-747-0821

5151 East Broadway Boulevard, Suite 720, 85711

 **Other Announcements** (*Sapa neither sponsors nor endorses the following events but provides the information as a service to our members.*)



Reiki and doTERRA Essential Oils are holistic options that can supplement and enhance the journey to wellness.

**energy@ethelsidney.com
www.ethelsidney.com**

Contact Ethel Sidney! 520-276-8201

University of Arizona/Psychology News

Carol Barnes, University of Arizona Regents' Professor Psychology, Neurology, and Neuroscience has been elected to become a member of National Academy of Sciences. If you would like to read more on this, here is the link: <https://uanews.arizona.edu>

Save the Dates

2018 Annual Convention – Professional Excellence – Taking it to the Next Level, September 27-29, 2018 at Hilton El Conquistador, 10000 N. Oracle Rd., Tucson, AZ 85704

📌 Other Events

(Sapa neither sponsors nor endorses the following events but provides the information as a service to our members.)

Contemporary Issues in Forensic Psychology

Presented by: American Academy of Forensic Psychology

Facilitated by: Chad Brinkley, Ph.D., ABPP, Robert L. Denney, Psy.D., ABPP, William E. Foote, Ph.D., ABPP, Alan M. Goldstein, Ph.D., ABPP, Phillip J. Resnick, MD, Craig R. Lareau, JD, Ph.D., Randy K. Otto, Ph.D., ABPP, Candyce Shields, Ph.D., ABPP, and Michelle Guyton, Ph.D., ABPP

Dates: Wednesday May 16, 2018 to Sunday May 20, 2018, 8:30/8:45 to 4:30/4:45 (Full Day), 8:30/8:45 to 12:30/12:45 (Half Day) at Double Tree Paradise Valley Resort, 5401 N. Scottsdale Rd., **Scottsdale, AZ 85250**
Cost: Full Day - \$220, Half Day - \$120

CE's: 4 to 7 depending on workshop attendance by individual

aafpforensic.org

[Please click here for more details](#)

Covert Emotional Incest: A Gateway to Addiction

Presented by: Meadows Behavioral Healthcare

Facilitated by: Adena Bank Lees, LCSW, LISAC, BCETS, CP
Date: Friday May 18, 2018, 830am to 11am at The Meadows Outpatient Center,

Women's Emotional Health Across the Lifespan

Presented by: Granite Mountain Psychological Society

Date: Friday June 15, 2018, 9am to 1:30pm at Hassayampa Inn –

Marina Room, 122 E. Gurley Street, **Prescott, AZ 86301**

Cost: GMPS Member - \$50, AzPA Member - \$50, Non-Member - \$75, Student - \$25

<https://prescottmentalhealth.org>

[Please click here for more details](#)

Cruelty and Sadism in Psychoanalytic Psychotherapy

Presented by: Southwest Psychoanalytic Society

Facilitated by: Edward Gibeau, EdD

Date: Saturday June 16, 2018, 9am to 12pm, Franciscan Renewal Center -BR Anthony Room, 5802 E. Lincoln Dr., **Scottsdale, AZ 85253**

Cost: SPS Member - \$25, Non-Member - \$30

CE's: 3

swpsychoanalytic.org

[Please click here for more details](#)

Stress, Resilience, & Happiness

Presented by: Institute for Natural Resources

Facilitated by: Michael E. Howard, Ph.D.

Date: Thursday June 21, 2018, 7:45am to 3:30pm at Four Points by Sheraton, 7060 S. Tucson Blvd., **Tucson, AZ 85756**

Cost: \$81

CE's: 6

www.inrseminars.com

[Please click here for more details](#)

AzPA Pride

Date: Saturday June 23, 2018, 5:30pm, at Artizen, 2401 E. Camelback Rd., **Phoenix, AZ 85016**

www.azpa.org

Please contact Dr. Leo Caraballo (908-397-5402) for further details

19120 N. Pima Rd. Suite 125,
Scottsdale, AZ 85255

Cost: Free

CE's: 2

Please RVSP: Shannon

Spollen at

sspollen@themeadows.com

[Please click here for more details](#)

Embodied Imagination

Presented by: Southern Arizona
Friends of Jung

Facilitated by: Jill Fischer,
PsyA, APRN, IAAP

Date: Saturday May 19, 2018,

Lecture – 10am -12pm,

Workshop – 1pm to 4pm at

Grace St. Paul Episcopal

Church, Bloom Room, 2331 E.

Adams, **Tucson, AZ 85719**

Cost: Lecture - Members - \$15,

Non-Members - \$20, Workshop

- Members - \$50, Non-

Members - \$65

www.safoj.org

[Please click here for further details](#)

[Please click here for further details](#)

Beyond Dual Diagnosis

Presented by: Sierra Tucson

Facilitated by: Tena Moyer, MD

Date: Wednesday June 6,

2018, 8am to 1030am at

Arizona Inn, 2200 E. Elm

Street, **Tucson, AZ 85719**

Cost: \$20

CE's: 1.5

www.sierratucson.com

[Please click here for more details](#)

[Please click here for more details](#)

#MeToo Moves Forward: Coming Together to Reclaim Our Voices and Power

Presented by: Dan Horner Productions and Events, LLC

Facilitated by: Holly Timberlake, Ph.D., Jonathan Rothschild, Mayor of

Tucson, Rachel Grant, M.A., Monica Casper, Ph.D., and several others

Dates: Saturday June 23, 2018 and Sunday June 24, 2018 from

8:30am to 5:30pm at Tucson Convention Center, 260 S. Church Ave.,

Tucson, AZ 85701

Cost: \$47 to \$125

<https://metoomovesforward.org>

[Please click here for more details](#)

Behavioral Treatment of Chronic Pain

Presented by: PESI, Inc.

Facilitated by: Robert Rosenbaum, Ph.D.

Date: Wednesday July 11, 2018, 8am to 4pm at Sheraton Tucson

Hotel & Suites, 5151 E. Grant Rd., **Tucson, AZ 85712**

Cost: \$199.99

CE's: 6.25

www.pesi.com

[Please click here for further details](#)

A Brief Introduction to Radically Open DBT

Presented by: Sierra Tucson

Facilitated by: Anne M. Gresham, RN, CNS

Date: Friday July 13, 2018, 11am to 12:45pm, at Sierra Tucson, 39580

S. Lago del Oro Parkway, **Tucson, AZ 85739**

Cost: Free

CE's: 1

Please contact Kathy Kaufman for registration at 800-624-9001, ext:

600417

www.sierratucson.com

[Please click here for further details](#)

Copyright © 2012 {Organization_Name}. All rights reserved.

Contact email: {Organization_Contact_Email}

[Facebook](#) | [Unsubscribe](#)

You are receiving this message because you opted in at [{Organization URL}](#)