



SAPA Digest
March 2018 – Version II



SAPA News

Hello SAPA Members,

In honor of celebrating SAPA's 45th anniversary this year – we have a new logo! Please see below.



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This design was developed by:

pennyfarthingdesign.com

SAPA Committees

Are you interesting in serving on a committee? The following committees are seeking committee members: Membership, Continuing Education, SAPA in the Community, Communications, Professional Outreach, and 45th Anniversary Planning Committee. Please see the information regarding each committee below. An individual does not need to be on the SAPA board to participate in these committees. This is a great opportunity to connect with other SAPA members.

Membership: SAPA Membership Committee needs a few new people with a desire to serve our members, both in reaching new ones and maintaining those that we have. We are already in the early planning stages of a Spring Membership event and need your ideas. This is our 45th anniversary, help us make SAPA even better! Email Kim Freidah, chair at kimfbrown@gmail.com if you are interested or want more information.

Continuing Education: The CE Committee is welcoming new members. The CE committee plans continuing education events that meet the APA's requirements for CEs for psychologists. [We meet on the first Wednesday of the month \(Sept - Dec & Feb - May\), 5:30 - 6:45pm at Cafe à la C'art, 150 N Main Ave.](#) Cafe à la C'art offers tasty food, desserts, and wine and allows us use of a small, separate space for our meetings. Please consider joining us! We're a friendly bunch. Please contact Susan Proebsting at susan.proebsting@gmail if you are interested or want more information.

SAPA in the Community: Are you interested in finding fun and creative ways to be more involved in SAPA? The SAPA in the Community Committee is looking for additional members to help plan events with our series on healing through creativity. Contact the Chair, Roxana Samaniego, at rysamaniego@gmail.com if interested.

Communications: The Communications Committee is currently seeking members to help with communication aspects of the organization which includes connecting to membership and to the community. Please contact Shannon Sticken at ssticken@live.com if you are interested or want more information.

45th Anniversary Planning Committee: We are currently planning the 45th Anniversary event and welcome anyone who would like to help us. Please contact Nancy Eldredge at eldrappt@gmail.com, Roxana Samaniego at rysamaniego@gmail.com, Courtney Schuneman at care@dr-courtney.com, Sarah Flora at sarahf@susd12.org, and Shannon Sticken at sticken@live.com if you are interested in helping out.

Professional Outreach: The Professional Outreach Committee is currently seeking members to help with professional outreach opportunities. This is a great opportunity for any early career psychologists. Please contact Courtney Schuneman at care@dr-courtney.com for further details.

SAPA Digest

If you have any news or announcements that you would like to add to the monthly digest, please email the information to sapaweb@gmail.com. The digest will be sent out after the monthly board meeting which occurs on the 2nd Tuesday of each month (with a summer hiatus). Looking forward to hearing from you!

Announcements

SARSEF

It is now time to sign up to be a judge at the Southern Arizona Research, Science, and Engineering Foundation (SARSEF) fair for 2018. Judging day is Thursday April 12, 2018, 8am to 12:30pm for Elementary and Middle School Judging and 8am to 3:30pm for High School Judging. We need representatives from SAPA to be grand award judges as well as sponsored SAPA award judges. Please consider volunteering your time as experts in behavioral and social science. This is a great opportunity to engage the developing minds of the future. For more information please free to contact Roxana Samaniego at rysamaniego@gmail.com or visit <https://sarsef.org/>.

Hello Colleagues,

I have made some changes to my practice this year and wanted to share the changes with you all briefly. Here are the services I am providing now:

Assessments (for children and adults):

- Diagnostic Evaluations (ADHD, Autism Spectrum, Intellectual Disability/ Developmental Disability / IQ, Giftedness, co-morbid mood/anxiety, etc.). Note: All ADHD evals include assessment of attention & related cognitive skills.
- Psychoeducational Evaluations for Learning Disabilities
- Neuropsychological Evaluations for patient with concerns regarding dementia or cognitive deficits related to neuro/health condition (i.e., brain injury, stroke, brain surgery, post-chemo, substance abuse, etc.). Abbreviated & full-day options.
- Neuropsychological Evaluations to help clarify mental capacity to make decisions, manage finances, need for supervision, etc.
- Psychological / Neuropsychological Evaluations to help clarify disability questions and return-to-work or return-to-school decisions
- IME's for Psychological / Neuropsychological issues for a variety of needs, including legal / forensic questions
- Psychological Evaluations for clearance for international adoption or new-hire clearance

Other Services: Concussion Management support for children and adults

Payor Sources Accepted: Medicare, Tricare, Worker's Comp (w/agreement), Case agreement with school or agency, Case agreement with attorney or government office, Private Pay. I am no longer in network with Aetna, BCBS, Cigna, or United. I am not contracted for AHCCCS patients. A superbill will be provided upon request.

More information is available on my website (www.drbelldotti.com).

Feel free to contact me with questions.

Sincerely,
-Patti

Patricia Beldotti, Psy.D.

Licensed Psychologist, Neuropsychologist
Certified Brain Injury Specialist

Office: Tucson Neuropsychology Associates, PLLC
[7618 N La Cholla Blvd, Tucson, AZ 85741](http://www.drbelldotti.com)

Tel: [520-404-7553](tel:520-404-7553) Fax: [520-334-2006](tel:520-334-2006)
www.drbelldotti.com

Intuition Wellness Center is excited to announce that we are opening up a position for a [new clinical team member!](#)

Intuition Wellness Center offers integrated behavioral health services and wellness programs to children, young adults and families. We have a very supportive and expanding multidisciplinary clinical team that includes 7 licensed psychologists and social workers, 3 U of A graduate students working toward their PhD's, and a certified therapy dog.

[Consider applying](#) if you're passionate about: supporting the wellbeing of children and families in Southern Arizona; ongoing learning and professional training; and an integrative AND integrated approach to health.

What's more... Intuition Wellness Center combines the best of two worlds: private practice AND a small team-focused agency. **Intuition Wellness offers flexible scheduling, administrative and billing support, competitive pay, paid playdates for team members, regular individual and team consultation, full benefits, and a warm and joyful culture that prioritizes the wellbeing of team members.**

Now accepting applications from masters and doctoral-level clinicians currently independently licensed in the state of Arizona!

For more information on the specifics of the position, including the perks and expectations, just follow this link to our careers page: <http://www.intuitionwellness.com/careers/>

All inquiries to Dr. Yoendry Torres at ytorres@intuitionwellness.com Dr. Brandy Baker at bbaker@intuitionwellness.com

2018 Spring Wellness Programs

Intuition Wellness Center's professional team offers a variety of new programming for children, young adults and families that inspire health and joy.

[Nurtured Mothering](#) - A four-part series helps Moms feel restored through yoga, art and journaling activities. Each part consists of a four-week group experience; clients may register for one or all four parts. Part I. Self Care: Nurturing Yourself While Caring for Your Family | April 9, 16, 23 & 30 | 7:00 p.m. - 8:30 p.m.

[Parent's Heart-to-Heart](#) - This casual evening educational series is for parents devoted to the wellbeing of their family. "Battling Screen Time Takeover: Strategies for busy families" is held on April 17 at 7:00 p.m. - 8:00 p.m.

[Taekwondo Wellness](#) (ages seven and up) - Group classes held each Tuesday and Thursday at 4:30 p.m. - 5:30 p.m. instill the art and philosophy of Taekwondo principles. This anchor program improves client social, coping and mental skills.

Please view www.intuitionwellness.com for further details.

Upcoming SAPA Events

Please join SAPA in the second event in the series on Creativity: A pathway to healing, recovery, and social change – A Ribbon Around a Bomb: Pain and Beauty in the Life and Art of Frida Kahlo. SAPA is honored to join with the Artifact Dance Project and their production of FRIDA on Saturday March 24, 2018 at 7pm.

Immediately followed by a panel discussion exploring the ways that creative art soothes human suffering and enhances life, with choreographer Ashley Bowman, composer, performer, and psychotherapist Lane Harmon, dancer and actor, Claire Hancock, discussing Frida and their own experience as creative artists, moderated by local psychologist and SAPA in the Community committee member, Lucy Wilson, PH.D.

FRIDA

ARTIFACT DANCE PROJECT
in Discussion with the
Southern Arizona Psychological Association, Artists and Audience

A Ribbon Around A Bomb: Pain and Beauty in the Life and Art of Frida Kahlo

Andre Breton's description of the emotional experience of Frida Kahlo's work as "A ribbon around a bomb" expresses the paradox of her art. We are drawn to the evocative beauty of her artwork only to encounter the intensity of her personal suffering. Her powerful images express deeply human feelings of pain and loss, longing and belonging, love and despair that resonate within our own experiences. Frida's life and work open the door for us to explore the use of creative arts to express and perhaps transform the experience of psychological and physical trauma. Frida spoke of her own use of creative expression in saying, "Don't build a wall around your own suffering or it may devour you from the inside."

FRIDA performance Saturday, March 24 7:30 pm

Stevie Eller Dance Theater
University of Arizona campus, 1737 East University Blvd.

Immediately following the performance, please join Choreographer **Ashley Bowman**, Composer, performer and psychotherapist **Lane Harmon**, and Dancer and actor, **Claire Hancock** as they discuss the production and their own experiences as creative artists. Audience comments will be encouraged. The discussion will be moderated by local Psychologist and SAPA in the Community committee member, **Lucy Wilson, PhD**.

Please join the Southern Arizona Psychological Association (SAPA) in celebrating their 45th anniversary with a series on **Creativity: A pathway to healing, recovery, and social change**. Each event will capture different artistic mediums and expressions, to celebrate creativity as a pathway to healing, recovery, and social change. The events will highlight ways in which people have overcome adversity, recovered from emotional distress or healed from personal and cultural trauma.

SAPA is honored to join Artifact Dance Project in their production of **FRIDA** as the second event in our series.

*Sponsored by SAPA in the Community and made possible by
Martin and Barbara Levy's gift.*



[Please click here for more details](#)

Motivational Interviewing: Theory, Research, & Practice (3 CE) AND/OR Roles, Holes, & Scrolls: Avoiding Ethical Mistakes in Clinical Practice (4 CE)

Saturday, April 21, 2018, 8:00am - 4:45pm

Speakers: Hal Arkowitz, PhD, Faren Akins, PhD, JD and Vera Akins, JD

Schedule:

8:00 - 8:30 am Sign-in and Continental Breakfast

8:30 - 11:45 am Hal Arkowitz, PhD, Motivational Interviewing: Research and Practice (3 CEs)

11:45 - 12:30pm Deluxe Boxed Lunch on site

12:30 - 4:45 Faren Akins, PhD, JD and Vera Akins, JD: "Roles, Holes, Scrolls: Avoiding Ethical Mistakes in Clinical Practice" (4 CEs)

Event location:

University of Arizona RISE Health & Wellness Center, home of Camp Wellness, 1030 N Alvernon Way, Tucson, Arizona 85711.

[Register Now](#)

 **Other Events**

(Sapa neither sponsors nor endorses the following events but provides the information as a service to our members.)

Webinar: Psychologists Making a Difference: State LGBT Policy & Advocacy Webinar

Presented by: American Psychological Association Public Interest Government Relations Office

Facilitated by: Catherine Oakley, JD

Date: Wednesday March 21, 2018, 2pm (EST) to 3pm (EST)

RVSP Link:

<http://bit.ly/2FKpICW>

[Please click here for more details](#)

Transforming Loss: Finding Potential for Growth

Presented by: Casa de la Luz Hospice

Facilitated by: Marianna Cacciatore

Date: Thursday March 22, 2018, 2pm to 4:30pm, at Casa de la Luz Conference Center,

Psychoanalytic Therapy: Religion and the Transference

Presented by: Arizona Society for Psychoanalytic Psychology

Facilitated by: Mariam Cohen, MD, Psy.D.

Date: Saturday April 7, 2018, 2pm to 5:30pm at Scottsdale Marriott Suites Old Town 7325 E. 3rd Ave., Scottsdale, Arizona 85251

Cost: Members - \$50, Non-Members - \$65, Students - \$20

CE's: 4

www.azspp.org

[Please click here for more details](#)

Annual Ethics and DV Day

Presented by: Arizona Psychological Association

Facilitated by: Bong Joo Hwang, Ph.D., & Dominique Roe-Sepowitz, MSW, Ph.D.

Date: Saturday April 14, 2018, 830am to 5:30pm, at Desert Willow Conference Center, 4340 E. Cotton Center Blvd., Phoenix, AZ 85040

Cost: AzPA Members - \$200, AzPa Student - \$100, Non-Members - \$275, Non-Student Members - \$150

CE's: 8

www.azpa.org

[Please click here for further details](#)

How to Love a Narcissist

7740 N. Oracle Rd., Tucson,
Arizona, 85704
Cost: Free
CE's: 2
Please RSVP to Carol or Sally at
520-544-9890
[Please click here for more
details](#)

The Loft Cinema celebrates the
late, great Stephen Hawking
with: A Brief History of Time
with UA Astrophysicist –
Samuel E. Gralla

Presented by: The Loft Cinema
Facilitated by: Samuel E. Gralla
Date: Saturday March 24,
2018, 7:30pm at The Loft
Cinema, 3233 E. Speedway
Blvd., Tucson, Arizona, 85716
Cost: Regular Admission Prices
<https://loftcinema.org>
[Please click here for more
details](#)

Developmental Trauma,
Attachment, & Maladaptive
Self-Regulation

Presented by: International
Association of Eating Disorder
Professionals Foundation
Facilitated by: Jon Caldwell,
DO, Ph.D.
Date: Wednesday April 4,
2018, 7:45am to 11:30am
Embassy Suites Tucson –
Paloma Village, 3110 E. Skyline
Dr., Tucson, Arizona, 85718
Cost: IAEDP Members - \$35,
Non-IAEDP Members - \$40,
Students - \$15
CE's: 3
www.iaedp.com
[Please click here for more
details](#)

Presented by: Southern Arizona Friends of Jung
Facilitated by: Susan Swartz, Ph.D.
Date: Saturday April 14, 2018, 10am to 4pm, at Grace St. Paul
Episcopal Church (Bloom Room) 2331 E. Adams St., Tucson AZ 85719
Cost: Lecture - Members - \$15,
Non-Members - \$20, Workshop – Members - \$50, Non-Members - \$65
www.safoj.org
[Please click here for details](#)

Revisoning: Rapid Treatment of Grief and Trauma Through Activation
of the Mirror Neuron System

Presented by: Sierra Tucson
Presenters: Mark Rider, Ph.D.
Dates: Friday April 20, 2018, 11am to 12:45pm at
Sierra Tucson, 39580 S. Lago del Oro Parkway, Tucson, Arizona 85739
Cost: Free
CE's: 1
www.sierratucson.com
[Please click here for more details](#)

A Bump or a Bleed and Where it Can Lead, Identifying Co-Morbid
Concerns after a Brain Injury

Facilitated by: Sue Wolf, Ph.D.
Date: Saturday April 21, 2018, 8:15am to 4pm at Lovitt and Touche
Learning Academy at 7202 E. Rosewood, Suite 200, Tucson, Arizona
85710
Cost: Free
To Register: <http://ems.azed.gov> or contact Joyce Meyer at 520-370-
9535, joycemeyer@live.com
[Please click here for more details](#)

New Mourning: New Models of Bereavement Theory and Treatment

Presented by: Arizona Psychoanalytic Society
Facilitated by: George Hagman, LCSW
Date: Saturday April 22, 2018, 9am to 12pm, at Courtyard Marriott
Scottsdale Old Town, 3311 N. Scottsdale Rd., Scottsdale, Arizona,
85251
Cost: Professionals - \$25, Students - \$10
CE's: 3
www.arizonapsychoanalyticsociety.com
[Please click here for more details](#)

A Bump or a Bleed and Where it Can Lead, Understanding Concussion

Facilitated by: Sue Wolf, Ph.D.
Date: Friday April 27, 2018, 5:30pm at Tucson Masonic Lodge #4, 3590
N. Country Club, Tucson, Arizona, 85716
Please RSVP: Joyce Meyer at 520-370-9535, joycemeyer@live.com
[Please click here for more details](#)

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