



**SAPA Digest
January 2018 – Addendum**



SAPA News

Hello SAPA Members,

The SAPA Board met for the annual retreat on Sunday January 21, 2018 during which the upcoming year was discussed. We have a lot of wonderful events coming up and look forward to serving you and the community. Are you interesting in serving on a committee? The following committees are seeking committee members: Membership, Continuing Education, SAPA in the Community, Communications, and 45th Anniversary. Please see the information regarding each committee below. An individual does not need to be on the SAPA board to participate in these committees. This is a great opportunity to connect with other SAPA members.

Membership: SAPA Membership Committee needs a few new people with a desire to serve our members, both in reaching new ones and maintaining those that we have. We are already in the early planning stages of a Spring Membership event and need your ideas. This is our 45th anniversary, help us make SAPA even better! Email Kim Freidah, chair at kimfbrown@gmail.com if you are interested or want more information.

Continuing Education: The CE Committee is welcoming new members. The CE committee plans continuing education events that meet the APA's requirements for CEs for psychologists. [We meet on the first Wednesday of the month \(Sept - Dec & Feb - May\), 5:30 - 6:45pm at Cafe à la C'art, 150 N Main Ave.](#) Cafe à la C'art offers tasty food, desserts, and wine and allows us use of a small, separate space for our meetings. Please consider joining us! We're a friendly bunch. Please contact Susan Proebsting at susan.proebsting@gmail if you are interested or want more information.

SAPA in the Community: Are you interested in finding fun and creative ways to be more involved in SAPA? The SAPA in the Community Committee is looking for additional members to help plan events with our series

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on healing through creativity. Contact the Chair, Roxana Samaniego, at rysamaniego@gmail.com if interested.

Communications: The Communications Committee is currently seeking members to help with communication aspects of the organization which includes connecting to membership and to the community. Please contact Shannon Sticken at ssticken@live.com if you are interested or want more information.

45th Anniversary Committee: We are currently planning the 45th Anniversary event and welcome anyone who would like to help us. Please contact Nancy Eldredge at eldrappt@gmail.com, Roxana Samaniego at rysamaniego@gmail.com, Courtney Schuneman at care@dr-courtney.com, Sarah Flora at sarahf@susd12.org, and Shannon Sticken at ssticken@live.com if you are interested in helping out.

If you are interested in the School Psych Committee please contact Sarah Flora at sarahf@susd12.org – this committee meets once a month on a Friday at 730am at Beyond Bread on Campbell.

Announcements

It is now time to sign up to be a judge at the Southern Arizona Research, Science, and Engineering Foundation (SARSEF) fair for 2018. Judging day is Thursday April 12, 2018, 8am to 12:30pm for Elementary and Middle School Judging and 8am to 3:30pm for High School Judging. We need representatives from SAPA as there are awards from SAPA that are separate from the category awards at SARSEF. Please consider volunteering your time as this is a great opportunity to engage the developing minds of the future. For more information please visit <https://sarsef.org/>

Additionally, if you are interested please consider attending the SARSEF Volunteer Roundup on Wednesday February 7, 2018 at SARSEF Office, 4574 E. Broadway Blvd., Tucson, AZ 85711 from 5pm to 7pm. For more information please contact director@sarsef.org

Upcoming SAPA Events

Registration is now open for:

Back to School 2018

February 3

8:30AM - 5PM

UA Psychology Department

Earn up to 6 CE credits, including 2 designed to meet the requirement for domestic violence/child abuse CE.

Registration ends on January 31st!

No walk-ins can be accommodated for this event.

For questions, email SAPA Academic Liaison, Marisa Menchola PhD, at marisam@psychiatry.arizona.edu

[REGISTER HERE](#)

Please join us for a SAPPY Hour immediately following the Back to School event on February 3 – 1702 Craft Beer and Pizza, 1702 E. Speedway Blvd., Tucson, AZ 85719, 5pm. Light Appetizers will be provided. Come one, come all!!!

Tuesday, February 13th: CE Luncheon (12:00-1:30PM)

Presentation by: Patricia Beldotti, Psy.D.

“Psychological Support for the Concussed Brain: How Clinicians Can Promote Recovery in Children and Adults” (1 CE)

Location: Mountain Oyster Club, 6400 E El Dorado Plaza, Tucson, AZ 85715

[Click here to register](#)

Tuesday, March 13th: CE Luncheon (12:00-1:30PM)

Presentation by: Brandy Baker, Psy.D.

"Is Screen Time Ruining Their Brains?: What the Research Actually Says about Kids and Technology" (1 CE)

Location: Mountain Oyster Club, 6400 E El Dorado Plaza, Tucson, AZ 85715

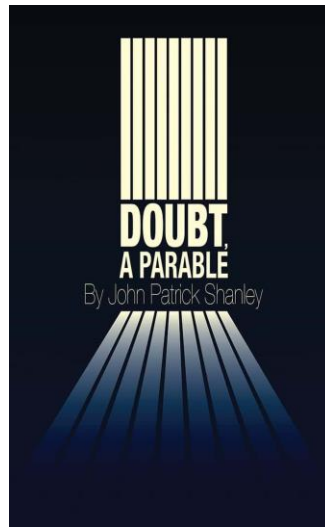
[Click here to register](#)

The SAPA in the Community Committee Presents:

Creativity: A pathway to healing, recovery, and social change

The Southern Arizona Psychological Association is celebrating 45 years as an organization. In honor of this occasion, the SAPA in the Community committee is presenting a series on healing through creativity.

Each event will capture different artistic mediums and expressions, to celebrate creativity as a pathway to healing, recovery, and social change. The events will highlight ways in which people have overcome adversity, healed past trauma, or recovered from emotional distress. The first event in the series is Arizona Repertory Theatre's Production of Doubt.



[Doubt, A Parable](#)

By John Patrick Shanley

February 4 — February 25, 2018

Boasting multiple Tony Awards and a Pulitzer Prize, this drama features a characteristically mistrusting nun and principal named Sister Aloysius, who is certain that Father Flynn has molested Donald Muller, the school's first "negro" student, soon after the boy's arrival. A younger and more tender-hearted Sister James wants to believe another story. Set in 1964 in the Bronx's fictional St. Nicholas Church School, rumors swirl as the story takes on a number of fraught issues that continue to resonate today: race, sexuality, tradition versus modernity and gender in the Catholic church. (Marroney Theatre)

On Feb 11th, Dr. Mayday Levine-Mata will be conducting a pre-show discussion at 12:45 on theme of power and privilege that are present in Doubt.

On Feb 23rd, Dr. David Lisak will be part of a post-show discussion panel on the performance.

Please join us for these events. [Tickets are available here](#)

SAVE THE DATES

"Use and Interpretation of the WJ IV Dyslexia Profile"

Presented by Dr. Nancy Mather

March 14th, 1:30-3:30

Location TBA – More details to come

Nancy Mather is a Professor at the University of Arizona in the Department of Disability and Psychoeducational Studies. She is a coauthor of the WJ IV and has coauthored two books on the interpretation and application of the WJ IV—*Essentials of WJ IV Tests of Achievement* and *Woodcock-Johnson IV: Reports, Recommendations, and Strategies*. She has published numerous articles, conducts workshops on assessment and instruction both nationally and internationally, and has coauthored several books linking assessment and intervention, including *Learning Disabilities and Challenging Behaviors*, *Essentials of Assessment Report Writing*, and *Essentials of Dyslexia: Assessment and Intervention*.

Please join SAPA in the second event in the series on Creativity: A pathway to healing, recovery, and social change – A Ribbon Around a Bomb: Pain and Beauty in the Life and Art of Frida Kahlo. SAPA is honored to join with the Artifact Dance Project and their production of FRIDA on Saturday March 24, 2018 at 7pm. Immediately followed by a panel discussion exploring the ways that creative art soothes human suffering and enhances life, with choreographer Ashley Bowman, composer, performer, and psychotherapist Lane Harmon, dancer and actor, Claire Hancock, discussing Frida and their own experience as creative artists, moderated by local psychologist and SAPA in the Community committee member, Lucy Wilson, PH.D.

Saturday, April 21st: Full Day CE Program (8:30-4:45)

8:30 - 11:45 AM Hal Arkowitz, PhD, presents on "Motivational Interviewing" (3 CEs)

11:45 - 12:30 Lunch on site

12:30 - 4:45 PM Faren Akins, PhD, JD, and Vera Akins, JD, Present "Roles, Holes, Scrolls: Avoiding Ethical Mistakes in Clinical Practice" (4 CEs, Ethics Topic)

Other Events

(Sapa neither sponsors nor endorses the following events, but provides the information as a service to our members.)

Daring Greatly in Eating Disorder Treatment

Presented by: International Association of Eating Disorder Professionals Foundation
Facilitated by: Jennifer Lombardi, MFT, CEDS, FBT Certified, CDW™
Date: Wednesday January 31, 2018, 7:45am to 11:30am at Embassy Suites Tucson – Paloma Village, 3110 E. Skyline Drive, Tucson, Arizona 85718

Summit Clinical Excellence: The Clinician's Role and Treatment Practices in the Opioid Crisis

Presented by: Institute for the Advancement of Behavioral Healthcare, Sierra Tucson, University Park Behavioral Healthcare, and the Arizona Psychological Association
Presenters: Claudia Black, Ph.D., John Briere, Ph.D., and many others
Dates: Wednesday February 14, 2018 (directed more towards law enforcement on this day) to Friday February 16, 2018 (Thursday and Friday directed towards clinicians) at Tempe Mission Palms Hotel, Tempe, Arizona 85281
Cost: AzPA Members will receive a 10% discount off of the \$275 registration fee
CE's: 15
[Click here for more details](#)

Cost: IAEDP Members - \$30, Non-Members - \$35, Students - \$10, At the Door - \$40
CE's: 3, [Click here to register](#)
HEARTraining Beyond-Trauma Introductory Workshop

Presented by: Organic Intelligence
Facilitated by: Robin Craig, LPC, SEP
Date: Sunday February 4, 2018, 1:30pm to 4:45pm, at The Historic Y, Conference Room, 300 E. University Blvd. at 5th Ave. Tucson, AZ 85705
Cost: \$25 without CE credits, \$45 with CE credits
CE's: 3
[Click here for more details](#)

Addiction Treatment: Preventing Opiate Overdoses

Presented by: Desert Star
Facilitated by: David Sack, MD
Date: Friday February 9, 2018, 8:30am to 10:30am at Westward Look Resort, 245 E. Ina, Tucson, AZ 85704
Cost: \$20
CE's: 1.5
[Click here for more details](#)

The March from Selma to Montgomery and the Nonviolent Movement in Analysis

Presented by: Southwest Psychoanalytic Society
Facilitated by: Renee Cunningham, MFT, Jungian Analyst
Date: Saturday February 10, 2018, 9am to 12pm at Franciscan Renewal Center, Br. Anthony Room, 5802 E. Lincoln Dr., Scottsdale, AZ 85353
Cost: SPS Member - \$25, Non-members - \$30
CE's: 3
[Click here for more details](#)

Jung for a Day (and Used Jungian Book Sale)

Presented by: Southern Arizona Friends of Jung
Facilitated by: Elaine Flannagan, MS, MEd, LPC & Sylvia Simpson, MD
Date: Saturday February 17, 2018, 10am to 3pm, at Grace St. Paul Episcopal Church (Bloom Room) 2331 E. Adams St., Tucson AZ 85719
Cost: Members \$45, No-Members \$60
[Click here for more details](#)

Film: Denial

Presented by: Jewish Family & Children's Services of Southern Arizona
Date: Tuesday February 20, 2018 at 7pm at Tucson Jewish Community Center, 3800 E. River Rd., Tucson, AZ 85718
Cost: Free, registration kindly recommended
[Click here for more details](#)

Immobility, Shame, and Healing the Roots of Trauma

Presented by: Sierra Tucson
Facilitated by: Sharon Stanley, Ph.D.
Date: Friday February 23, 2018, 11am-1245pm at Sierra Tucson, 39580 S. Lago Del Oro Parkway, Tucson, AZ 85739
Cost: Free, registration required
CE's: 1
[Click here for more details](#)

Falling Out of the World: Shock, Strangeness, and Afterwards

Presented by: Southwest Psychoanalytic Society
Facilitated by: Alfred Margulies, MD
Date: Saturday March 3, 2018, 9am to 3:30pm, at Hacienda del Sol Guest Ranch Resort, 5501 N. Hacienda del Sol Rd., Tucson, AZ 85718
Cost: SPS Member - \$170, Non-Member - \$180, Candidates and Residents - \$110, Students - \$65, Non-Member Students - \$70
CE's: 5.25
[Click here for more details](#)

Helping Clients Change: Adaptive Reorientation Therapy

Presented by: The Adlerian Society of Arizona, Northern Arizona University, and Arizona Counselor Association
Facilitated by: James Bitter, Ed.D.
Dates: Friday March 9, 2018 & Saturday March 10, 2018, 9am to 430pm at Pima Community Campus - 401 Bonita Ave., Tucson, AZ 85709
Cost: Early-Bird (before 2/2) - \$190, After Early-Bird - \$200, Students \$150
[Click here for more details](#)

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