



**SAPA Digest
August 2018**



SAPA News – The Loss of Dr. James T. Webb



Jim was a compassionate and genuine man. He was an inspiration and a mentor to so many individuals. He will be greatly missed. Dr. Courtney Schuneman

WEBB, Dr. James T., Ph.D., psychologist, passed away at age 78 on July 27, 2018 in Rocky Point, Mexico. Born in Memphis, Tennessee, he earned his doctorate from the University of Alabama. He was President of Great Potential Press, which features books that address the needs of gifted children and adults. He also founded SENG (Supporting Emotional Needs of Gifted). Widely-known as "Jim", Dr. Webb was a frequent keynote and workshop speaker at gifted education and psychology conferences in the U.S. and abroad. He was the author of numerous articles and books, including the best-selling *A Parent's Guide to Gifted Children*, *Misdiagnosis and Dual Diagnoses*, and *Searching for Meaning*. Jim had a passion for supporting the educational and emotional needs of gifted individuals, spending quality time with family and friends, flying his Piper Comanche, traveling, scuba diving, and supporting various worthy causes. Jim is survived by his wife of 19 years, Janet Gore and his daughters, Mary, Amy, Patty and Nadia; her daughters, Ellen and Anne; their significant others and their grandchildren, Alex, Aryanna, Olive,

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Addison, Priest and Maddy. His family loved him and will miss him dearly, as will friends around the globe. In lieu of flowers, people may share condolences at JamesTWebb.com and may make contributions to SENG at www.sengifted.org. A Celebration of Life will be held on Thursday, August 30, 2018 at 2:00 p.m. at St. Mark's Presbyterian Church, 3809 E. 3rd Street, in Tucson, AZ.

If you would like to learn more about Dr. Webb and his contributions to psychology, please click on the link below.

<https://www.greatpotentialpress.com>

SAPA Member Recognition

Alan Goldberg, Psy.D., ABPP, JD has been awarded the 2018 APA Presidential Citation. Congratulations Alan and well deserved!

www.apa.org/about/governance/president/citation/alan-goldberg.aspx

SAPA Membership Spotlight - It's a Wonderful Life - Alan L. Goldberg, Psy.D., ABPP; J.D.

I was born in a log cabin in the south of Chicago, where I walked miles in the snow to school...until we moved to San Diego for my last year of middle school, and then high school. I remained in CA for my undergrad degrees (UC Davis), and then embarked on a voyage through three midwestern states for advanced psychology training. Post-internship, I did a two year "foreign exchange", living and working in the deep south, where I cut my teeth on rehabilitation psychology. From there, I worked in CA, PA, and then AZ, honing practice/administrative skills with both children and adults (TBI, SCIs, and CVAs).

I landed here in Tucson on March 13, 1992, and found a welcoming note in my hospital mailbox from then SAPA President, David Anderson, and Meg St. John. I have enjoyed SAPA since then, serving on committees, the board, and as President in 2000-01. I made a decision to have our scheduled meeting on 9/11. It was humbling and fulfilling to see our psychology community come together to support one another, our clients, and individuals in NY City. SAPA awarded me the Attarian Award, SAPA's highest honor, in 2005. In addition to SAPA duties, I've also served on the APA Rehab Psychology Executive Board twice, and as a liaison to APA's Committee on Disability Issues in Psychology. The Rehabilitation Psychology Division of APA awarded me it's Lifetime Practice Excellence Award in 2010.

With managed care changes leading to contract work rather than benefitted employment, I made a leap of faith in 1995. This involved a 2.5 year "vacation" in law school, while continuing to do part time rehab hospital work. Since completing law school, I worked in private practice until I began work reviewing Social Security Disability claims. Now, I combine psychology knowledge with administrative law and policy For the Social Security Administration on a full-time basis. I still maintain a small forensic psychology private practice.

I am a board-certified rehabilitation psychologist, APA Fellow (Division 22), and Arizona Bar member. I enjoy volunteer work on a variety of social policy projects. These have included death penalty legislation, science education (for females and Title 1 schools in particular), disability rights, conservation, testifying before the 9/11 Commission (re TBI vs. PTSD), and politics. APA recognized me with a Presidential Citation as a Citizen-Psychologist this year, as a result of the aforementioned pursuits (beats the citations I have had from TPD over the years....). During true

"leisure time", I enjoy travel, bowling, films, cooking, friends, and my pet parrot. To stay nimble on the adversarial side of things, I play competitive SCRABBLE and am a prize-winning tournament bowler.

SAPA Membership Announcements

A local activist group is seeking a presenter for a group meeting on suicide prevention. Presentation would be about an hour + questions. Topics might include warning signs, how to intervene, how to talk to those who have lost loved ones to suicide, appropriate statistics, personal story, etc. This group can afford to publicize you & take you out to dinner but probably not pay. I am a member of this group & can act as liaison. Please contact Brenda at 390-1042.

Office Space

Clinical psychologist practicing in **Green Valley, AZ**. Looking to SUBLEASE a room to another mental health professional. Office is located at the Continental Shopping Plaza [210 W Continental Rd](#) directly off of Exit [63 Continental Road](#) Exit in 1-19. The office is located in a beautiful 55 and older community but is 10 minutes away from Rancho Sahuarita, home to children, adolescents and working families. Opportunity for an abundance of referrals from the local area, Rio Rico, Nogales, Sierra Vista and more. Spacious Office, waiting room, fully furnished with access to a conference room that is great for hosting large workshops, seminars or trainings.

Please contact Lutissua Ballard, PsyD at exel@drlballard.com or 520 329-1579. Please see photos below.



SAPA in the Community Needs YOU!



SITC has partnered with the Tucson Museum of Art to assist their staff. On Saturday 9/22 in the afternoon, we are facilitating small focus groups with TMA staff to help identify training needs. Their teachers and docents are working with community members who are expressing stressful or traumatic events or, in the case of the child staff, are encountering challenges they've never dealt with before. We are planning a series of training events based on the information gathered on 9/22.

We would be grateful for any volunteers, and we also need child and school psychologists to help us with this project. We are very excited about this collaboration, and the TMA is very thankful for our help. Please contact Roxana at rysamaniego@gmail.com for more information.

SAPA Celebrating 45 years!

In the spirit of SAPA celebrating 45 years, we would like to hear from membership if there are any stories, photographs, and historical information that you would like to be shared in the digest and at the holiday party in December 2018. Please send any information that you would like to include to: Shannon Sticken at ssticken@live.com, or sapaweb@gmail.com.

📌 Upcoming SAPA Events

SAPA Luncheon

Please join the Southern Arizona Psychological Association (SAPA) in welcoming Rubin Naiman, PhD for his September 4 luncheon presentation, "Forgotten Dreams: The Ramifications of REM Sleep Deprivation". Dr. Naiman is the sleep and dream specialist and clinical assistant professor of medicine at the University of Arizona Center for Integrative Medicine, directed by Dr. Andrew Weil. He is the leader in the development of integrative approaches to sleep and dream disorders, integrating sleep science with psychological and transpersonal perspectives. He is the director of NewMoon Sleep, an organization that offers services, trainings and consultation internationally. Dr. Naiman's works include, *Healing Night: The Science and Spirit of Sleeping, Dreaming, and Awakening*; *Healthy Sleep* (with Dr. Weil); *Hush: A Book of Bedtime Contemplations*; *The Yoga of Sleep: Sacred and Scientific Practices to Heal Sleeplessness*. Dr. Naiman blogs for *Psychology Today* and the *Huffington Post*. His popular PESI workshop, *Insomnia: Integrative Sleep Therapy* has outstanding reviews.

Please note that SAPA is trying out a new venue for the September 4 luncheon. This first luncheon of the series will be at Hotel Tucson City Center (just south of St. Mary's on Granada Ave.)

To learn more about this talk and to register for the event, please click here:

<https://www.eventbrite.com/e/forgotten-dreams-the-ramifications-of-rem-sleep-deprivation-tickets-48446674307>

SAPA at the TMA!

September 6 at 5:00 pm - 8:00 pm



FREE FIRST THURSDAY



 TUCSON MUSEUM of ART
AND HISTORIC BLOCK

Join *Arizona Biennial 2018* artists Brooke Grucella and Hirotsune Tashima, and the Southern Arizona Psychological Association in conversations about the intersections of psychology and contemporary art. The evening will feature a performance by Arizona Biennial artist YeRin Kim, art-making activities, conversations between Hawkinsdance and works of art on view.

Details

Place: [Tucson Museum of Art and Historic Block](#)

140 North Main Avenue

Date: Thursday September 6

Time: 5:00 pm - 8:00 pm

On the first Thursday of every month, the Tucson Museum of Art is free and open to the public from 5:00 to 8:00 PM. Join us for exciting evenings featuring live music, performances, art-making, unique gallery experiences, and cash bar serving local beer and wine.

Please come support SAPA and the TMA by bringing your friends and family. If you are interested in helping at the SAPA table, please contact Roxana at rysamaniego@gmail.com.

[Please click here for further details](#)

<https://tucsonmuseumofart.org>

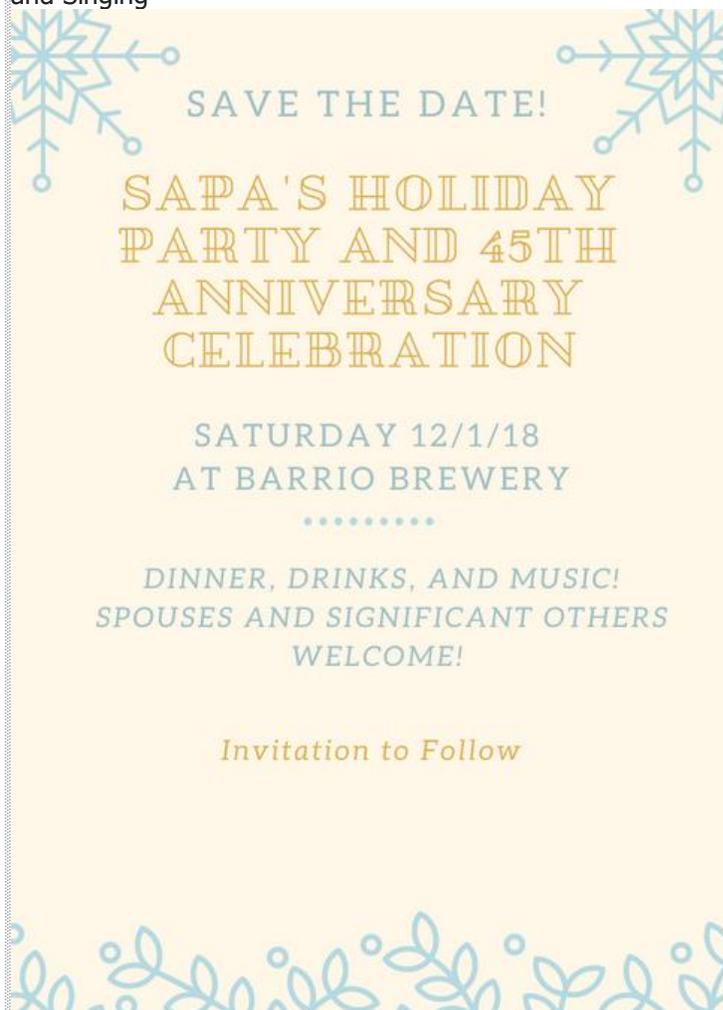
<http://tucsonmuseumofart.org/event/free-first-thursday-2-2018-09-06/>

SAVE THE DATES

SAPA'S FALL LUNCHEONS

October 2 - Matthew Moffit, PhD - Assessment and Treatment of Early Psychosis

November 6 – Jane Hamilton, PhD - The Psychological, Emotional, and Social Benefits of Music and Singing



Other Announcements
[AzPA's 2018 Convention](#)

PROFESSIONAL EXCELLENCE: TAKING IT TO THE NEXT LEVEL
REGISTRATION NOW OPEN!

Join us at the **Tucson Hilton El Conquistador September 27 - 29** for amazing programming and networking!

With **KEYNOTE PRESENTATIONS** by one of the founders of cognitive-behavioral therapy, **DONALD MEICHENBAUM** (sponsored by Sierra Tucson/Acadia Healthcare); internationally renowned mindfulness expert **SHAUNA SHAPIRO** (sponsored by Canyon Ranch); and APA President-Elect **ROSIE PHILLIPS DAVIS**.

And **BREAKOUT SESSIONS** by experts on wide-ranging topics including substance use and addiction, consulting & coaching, equine-assisted therapy, ethics, child abuse and trauma, OCD, body image disturbances, social media & bullying, emotion-focused family therapy, disability accommodation evaluations, nutrition, sexuality, suicide, executive skill development, psychopathy, and diversity-informed ethical decision-making.

Do not miss the early bird rates! Register soon at <https://www.azpa.org>

Join us at the Friday night reception for a special toast celebrating SAPA's 45th Anniversary!

More Announcements/Events (*Sapa neither sponsors nor endorses the following events but provides the information as a service to our members.*)

The Leadership Development Committee members will be in Tucson to host a discussion about the perception of leadership in AzPA and any unique barriers to being part of leadership. In particular, we hope to listen and give voice to issues regarding opportunity limitations, micro- and macro-aggressions experienced, and ambivalence that people may have about committing to a leadership position, or membership, in an organization that may not reflect them or what is important to them professionally. With your engagement, we hope to find opportunities to transform the organization from the inside. We want to ensure that we are hearing from all members around the state, including those that hold minoritized identities.

RSVP:

<http://evite.me/DfHmuBbkKM>

Michelle L. Melton, Psy.D.
(Pronouns: she/her/hers)

Owner, Melton Psychology Group, LLC
Co-Founder, Arizona Society of Black Psychologists
Diversity Representative, Arizona Psychological Association
Chair, Diversity Committee, Arizona Psychological Association
Chair, 2019 Convention Committee, Arizona Psychological Association

📌 Other Events

(*Sapa neither sponsors nor endorses the following events but provides the information as a service to our members.*)

SAZ Meet and Greet

Presented by: Peggy Holt, LPC,
Clinical Director of Sabino
Recovery
Date: Friday August 24, 2018,
5pm to 7pm, Aloft Hotel, 1900
E. Speedway Blvd., **Tucson,
AZ 85719**
Cost: Free
No CE Credits
Please RSVP to Shari Goettel at
sharapy@sharigoettel.com by
August 17, 2018

Film: Sensitive: The Untold
Story

Presented by: Dan Horner
Productions
Date: Friday August 24, 2018,
7:30pm to 9:30pm, Tucson
Jewish Community Center,
3800 E. River Rd. **Tucson, AZ
85718**
Cost: \$5-\$10
No CE Credits
[Please click here for further
details](#)

Film: Marion Woodman:
Dancing in the Flames

Presented by: Southern Arizona
Friends of Jung
Date: Saturday September 15,
2018, 7pm to 9pm at Grace St.
Paul Episcopal Church, Bloom
Room, 2331 E. Adams,
Tucson, AZ 85719
Cost: Suggested donation - \$10
www.safoj.org
[Please click here for further
details](#)

Problems of Plenty: Battle of
the Binge

Presented by: The
International Association of
Eating Disorders Professionals
Foundation – Tucson Chapter

Messy Motherhood: The Power of Self-Compassion and Mindfulness

Facilitated by: Shauna Shapiro, Ph.D.
Date: Saturday September 29, 2018, 2pm to 6pm, Unity of Phoenix
Spiritual Center, 1500 E. Greenway Pkwy, **Phoenix, AZ 85022**
Cost: Until August 31 - \$65, after September 1 - \$70
No CE Credits
<https://www.azmindfulmoms.com>
[Please click here for further details](#)

Medical Forensic Evaluation Workshop

Presented by: Arizona Asylum Network
Date: Saturday September 29, 2018, 7:30am to 4:30pm, The
University of Arizona College of Medicine Room 3117, 1501 N.
Campbell Ave, **Tucson, AZ 85724**
Cost: Licensed Providers - \$50, Medical Students and Residents no
cost
www.swpsychoanalytic.org
[Please click here for further details](#)

The Fire in the Basement: Trauma and Treatment Strategies

Presented by: Sierra Tucson
Facilitated by: Aaron Wilson, MD
Date: Wednesday October 3, 2018, 830am to 1030am at Arizona Inn,
2200 E. Elm Street, **Tucson, AZ 85719**
Cost: \$20
CE's: 1.5
www.sierratucson.com
[Please click here for further details](#)

Why People Die by Suicide

Presented by: Sierra Tucson and Acadia Healthcare
Facilitated by: Thomas Joiner, Ph.D.
Date: Thursday October 11, 2018, 5:30pm to 8pm, at Westward Look
Resort, 245 E. Ina Rd., **Tucson, AZ 85704**
Cost: \$25
CE'S: 2
www.sierratucson.com
[Please click here for further details](#)

Facilitated by: Tamara Pryor,
Ph.D., CEDS

Date: Wednesday September
19, 2018, 745am to 1130am,
Embassy Suites, 3110 E.

Skyline Drive., **Tucson, AZ
85718**

Cost: IAEDP Members - \$35,
Non-Members - \$40, Students -
\$15, Day of, at door - \$45
CE's: 3

www.tucsoniaedp.com

[Please click here for further
details](#)

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